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Epping Forest Heritage Trust is closely following guidance set out by the Government, the National Council for Voluntary Organisations and Public Health England.

We have taken the difficult decision to close our Epping Forest Visitor Centre at High Beach, and cancel our upcoming walks and events until further notice, to prioritise the welfare of our staff, volunteers, supporters and members of the public and to help limit the spread of the virus.

Epping Forest remains open for the public to enjoy.

If you are a member of the Trust, we would like to express our whole-hearted thanks for your ongoing support. We can assure you that your Spring 2020 Newsletter will be with you shortly.

We recognise how vital nature is to our wellbeing and would however like to promote the idea of individuals and families, rather than groups, getting out into Epping Forest. The health and restorative benefits of exploring the nature and the wildlife on our doorsteps can help all of us.

To keep up to date with the Trust, you can follow us on our social media channels or come back to our website.

Thank you for your ongoing support, patience and understanding at this challenging time. We look forward to welcoming you back as soon as we can.

Please take care of yourself and we wish you all well in these challenging times.